

Sportsplex Hockey Academy Summer Camps - 2010

Small Group Trainings: July 5th – August 26th

Continue developing your hockey skills with the Sportsplex! Small group trainings will focus on specific hockey skills such as skating, puck handling, shooting, and passing.

Monday, Tuesday, Thursday

1:45-2:45pm	Group 1:	Ages 3-6 Beginner Hockey Players
	Group 2:	Ages 5-7
	Group 3:	Ages 8-10
2:45-3:45pm	Group 4:	Ages 11-13
	Group 5:	Ages 14-17

- Groups are limited to 8 participants per class.
- Full equipment is required. Gear rental for beginner class is available.
- Cost \$60 for 4 sessions (sessions must be purchased in a package of 4)

Participants must pre-register for classes. Only the first 8 participants will be allowed in that given class.

Checking and Angling Clinic: August 16th-19th

Learn the fundamentals of body checking. Participants will learn how to use their body to control play, take away space, and gain possession of the puck.

- 10:00am to 12:00pm
- 10:00-11:30am On ice followed by 30 minutes of video
- Open to Peewees, Bantams and Midgets.
- Full equipment is required.
- Cost \$100

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